

**Toronto East Local Immigration Partnership
Programs and Services Inventory for International Students
August, 2022**

Important Note: This resource list contains information on programs and services provided by service providers in Scarborough and neighbourhoods. Services are subject to changes. Please visit the agency website or contact the organization to access services. The list will be updated on a quarterly basis and shared with community stakeholders.

Table of Contents

1. Settlement Services	02
2. Employment Support	05
3. Housing Support.....	07
4. Mental Health Support	09
5. Medical Health Services & Support	11
6. Legal Services & Support.....	12
7. Language Training Program.....	13
8. Orientation sessions about live and work in Canada.....	14
9. Access Financial assistance, Free Income tax clinic	16
10. Food Bank	17
11. Youth Connection and Empowerment	18

1. Settlement services

ACSA (Agincourt Community Services Association)	Service Access: By appointment (in person service)	Location: 1911 Kennedy Road, Unit 105 Scarborough, ON, M1P2L9
	Eligibility: Any newcomer	Contact: Tracy Yu ytracy@agincourtcommunityservices.com 416 292 6912 ext. 325
	Service Description: Help the clients with applying for health card, SIN number, opening bank account, schools registration, furniture bank, food bank, charity mattress program. Services provided FREE of cost to newcomers who are Permanent Residents, Live-in Caregivers, Convention Refugees & Protected Persons Guidance in filling out forms on application for permanent residence card, OHIP, Canadian Citizenship, Child Tax Benefit, Social Housing, Welcome Policy, Trillium Drug Benefit.. Online LINC Program (Language Training) Canadian Citizenship Test Preparation Workshops & practice test questions; one-on-one coaching sessions Weekly social activities for seniors at the Seniors' Cafe. Summer program for the newcomer youth Volunteer and student placement opportunities for the newcomers addressing immigration & citizenship problems, or simply navigating the government system.	
CICS (Centre for Immigrant and Community Services)	Service Access: By appointment (in person service) Remote services - Phone/virtual	Location: 2330 Midland Ave, Toronto, ON, M1S 5G5
	Eligibility: All newcomers	Contact: Yao Xiao yao.xiao@cicscanada.com 416-293-4565 Ext. 110
	Service Description: CICS provides support in accessing services in the following areas: Immigration, citizenship, housing, health, education, employment, labor, welfare & benefits, taxation, business, transportation, recreation, and more.	
Catholic Crosscultural Services (CCS)	Service Access: Remote and in-person service	Location: 55 Town Centre court, Scarborough, ON, M1M 4X4
	Eligibility: All the newcomers	Contact: Gajenthini Selvarajah

	gselvarajah@ccscan.ca 647 296 6753	
	Service Description: One on one support	
Malvern Family Resource Centre	Service Access: Call, drop in or visit the website www.mfrc.org	Location: 90 Littles Rd, Scarborough North Toronto, ON, M1B 5E2 1321 Neilson Road, Scarborough, M1B 3C2
	Eligibility: Residents of North East Scarborough, newcomer/refugee/permanent residents/Convention refugees/international students and naturalized Canadian citizens	Contact: Arif Rahman 416-281-1376 ext 25 arahman@mfrc.org Cathy Mwanza 416-281-1376 ext 24 cmwanza@mfrc.org
	Service Description: Our Settlement Support Services are offered one-on-one by appointment and through group sessions, events and workshops. Services are provided virtually (through Zoom), over the phone and in-person and include: <ul style="list-style-type: none"> ▪ One-on-one settlement counseling ▪ Needs Assessment & Referrals support ▪ Settlement Plans (by appointment) ▪ Form-filling assistance ▪ Interpretation and translation assistance available ▪ Upgrading skills & digital literacy workshops ▪ Citizenship Test preparation support ▪ Social Programs, English Conversation groups, trips & family events ▪ Community Referrals - Connecting you to necessary services within local, government, housing, employment services etc. Our agency is a multi-service agency and we can provide programs and services for children and their caregivers, youth, women, newcomers and seniors.	
The Housing Help Centre	Service Access: Remote services - Phone/virtual	Location: 205-2500 Lawrence Avenue East, Scarborough, ON, M1P 2R7
	Eligibility: Students in need to settlement services	Contact: info@thhc.org 416 285 8070 ext300
	Service Description: We provide settlement services for Newcomer students.	

Toronto Community and Culture Centre	Service Access: Call for appointment	Location: Zion Church Cultural Centre; 1650 Finch Ave E Toronto, ON, M2J 4T6 <i>Intersection: Don Mills Rd and Finch Ave E</i>
	Eligibility: Focus on mainland Chinese community	Contact: Xinsheng (Simon) Zhong tccctoc@gmail.com Tel: 416 971 7883 Fax: 416 971 5519
	Service Description: Settlement services for newcomers and international students * youth employment services -- sponsors internships, summer jobs, job skills workshops including resumes and interviewing skills * outreach and cultural activities. Settlement services for newcomers and international students * registered charity.	
UTSC (University of Toronto Scarborough Campus – Student Life Programs)	Service Access: We are currently supporting students virtually by phone, email, and online platforms.	Location: 1265 Military Trail, Scarborough, ON M1C 1A4 Student Centre, SL157
	Eligibility: All UTSC students	Contact: studentlife.utsc@utoronto.ca 416 208 4760
	Service Description: Student Life Programs offer opportunities that support student engagement, whether that's through first year programming, leadership development, community engagement or Indigenous outreach. Working closely with our partner, the International Student Centre, our experiential learning opportunities support student engagement and allow for you to learn outside of the classroom.	

2. Employment support (Job Preparedness, Work permit, Student placement, etc.)

ACCES Employment	Service Access: Remote services - Phone/virtual	Location: 2100 Ellesmere Rd, #250, Scarborough, ON, M1H 3B7
	Eligibility: Anyone	Contact: Behnaz Azad bazad@acesemployment.ca 416 431 5326
	Service Description: We Provide Resource, information and referrals to International Students	
Catholic Crosscultural Services	Service Access: Remote and in-person service	Location: 55 Town Centre court, Scarborough, ON, M1M 4X4
	Eligibility: Newcomer students, International students, and their families	Contact: Gajenthini Selvarajah gselvarajah@ccscan.ca 647 296 6753
	Service Description: Online workshop and one on one support	
Centennial College – HireCentennial - Career Services and Co-operative Education	Service Access: Remote services – virtual Appointment	Location: 755 Morningside Ave., Toronto, ON, M1C 5J9
	Eligibility: All Centennial College students	Contact: careerservices@centennialcollege.ca cooped@centennialcollege.ca 416 289 5233
	Service Description: The Career Services and Co-operative Education team gives students and graduates the confidence and tools for career success from the first semester to beyond graduation.	
CICS (Centre for Immigrant and Community Services)	Service Access: Remote services - Phone/virtual. We will resume in-person services in the future	Location: 2330 Midland Ave, Toronto, ON, M1S 5G5
	Eligibility: All newcomers	Contact: Jenny Yeung Jenny.Yeung@cicscanada.com 416-292-7510 ext. 302
	Service Description: CICS helps job seekers obtain labour market information, job search techniques and employability skills, and eventually find jobs that are right for them through a wide range of employment programs and services. Innovative programs are also available to prepare/equip our youth for the future job market.	

JVS Toronto	Service Access: Remote services – virtual, in-person service will be available as of March 7.	Location: 30 Karachi drive #66, Markham, ON, L3S 0B6
	Eligibility: Anyone	Contact: Nazreen Yousuf markhamonline@jvstoronto.org 905 470 9675
	Service Description: We enable people to maximize their potential at work and school. We help employers connect with the right human resources.	
The Housing Help Centre	Service Access: By appointment only (in person service)	Location: 205-2500 Lawrence Avenue East, Scarborough, ON, M1P 2R7
	Eligibility: students which needs to gain and improve their skills in the work environment	Contact: Ambi Sinna ambi.sinna@thhc.org 416 285 8070
	Service Description: We have student placements. Students who need to gain and improve their skills in the work environment.	
Tropicana Employment Centre	Service Access: Remote services - Phone/virtual	Location: 505 Consumers Road, Suite 102, North York, ON, M2J 4V8
	Eligibility: People who are eligible to work in Canada.	Contact: Mathi Rajakesary mrajakesary@tropicanaemployment.ca 416 491 7000
	Service Description: Tropicana Employment Centre provides employment counselling, job development, recruitment, training and a job search resource Centre.	
UTSC (University of Toronto Scarborough – Academic Advising & Career Centre)	Service Access: Drop in services, can book an appointment through call and email, and get access to the help through call and email.	Location: 1265 Military Trail, Scarborough, ON M1C 1A4 Academic Resource Centre, AC213
	Eligibility: All UTSC students	Contact: E-Lin Chen, Interim Manager elin.chen@utoronto.ca 416-287-7561
	Service Description: The Academic Advising & Career Centre offers a variety of workshops and appointments around academics, such as degree counselling, as well as employment services such as resume reviews and mock interviews. We also offer online tools and one-on-one appointments. Working closely with our partner, AccessAbility Services, we are committed to student success.	

3. Housing Support

Catholic Crosscultural Services	Service Access: Remote and in-person service	Location: 55 Towncentre Court, Scarborough, ON M1M 4X4
	Eligibility: International students and their families.	Contact: Gajenthini Selvarajah gselvarajah@ccscan.ca 647-296-6753
	Service Description: Online workshops	
CCSAI (Centennial College Student Association) – Places4Students	Service Access: Through call	Location: 941 Progress Ave, Scarborough, ON M1G 3T8
	Eligibility: All Centennial College students	Contact: admin@p4s.com 1-866 766 0767
	Service Description: Through our partnership with Places4Students Inc., we provide an online collection of numerous housing opportunities. Places4Students provides students, schools, and landlords with the highest quality off-campus housing service. The website provides a large real-time database of student housing vacancies in the area of the school.	
CICS (Centre for Immigrant and Community Services)	Service Access: In person service (by appointment) Remote services - Phone/email/virtual/social media/online chat	Location: 2330 Midland Ave Toronto, ON M1S 5G5
	Eligibility: All newcomers	Contact: Candy Ng Candy.Ng@cicscanada.com 416-292-7510 ext. 118
	Service Description: CICS Housing Support Project aims to support newcomer tenants in the private rental market by increasing knowledge and awareness of tenant rights and responsibilities through information and referral services, and collaborating with various stakeholders to build a supportive community and welcoming environment for newcomers.	
The Housing Help Centre	Service Access: Remote services - Phone/virtual. By appointment only (in person service)	Location: 205-2500 Lawrence Avenue East, Scarborough, ON, M1P 2R7
	Eligibility: Low income clients with Canadian legal status.	Contact: info@thhc.org 416 285 8070 ext. 300

	Service Description: Housing support Services like rent market, and subsidized housing applications, housing benefits, utility support programs. We offer our services in different languages	
Malvern Family Resource Centre Women's Housing Help Project	Service Access: Call, drop in or visit the website www.mfrc.org	Location: 90 Littles Rd, Scarborough, ON, M1B 5E2 1321 Neilson Road, Scarborough, M1B 3C2
	Eligibility: Residents of North East Scarborough	Contact: Parneet Kaire Email: pkaire@mfrc.org Office: 416-284-4184 ext. 245 Work cell: 416-995-1901
	Service Description: Our Housing Access Services are offered one-on-one by appointment and through group sessions and workshops. Services are provided virtually (through Zoom), over the phone and in-person and include: <ul style="list-style-type: none"> ▪ Finding a place to live ▪ Questions about your rights as a tenant ▪ Dealing with rent increases or ending a lease ▪ Maintenance and repair requests ▪ Subsidized housing applications ▪ Eviction notices ▪ Accessing emergency support, etc Our agency is a multi-service agency and we can provide programs and services for children and their caregivers, youth, women, newcomers and seniors.	
Toronto Employment and Social Services	Service Access: Remote services - Phone/virtual	Location: 325 Milner Ave, 9th Fl Toronto, ON, M1B 5N1
	Eligibility: Toronto residents 18 years and older in financial need	Contact: Stephen Linton 416 338-3882 Email: stephen.linton@toronto.ca
	Service Description: Housing Stabilization Fund - help with rent and energy arrears, rent deposit, moving costs and essential furniture.	
UTSC (University of Toronto Scarborough – Student Housing & Residence Life)	Service Access: Remote services - Phone/virtual	Location: 1265 Military Trail Scarborough, ON, M1C 1A4 Residence Centre
	Eligibility: All UTSC students	Contact: residence.utsc@utoronto.ca 416 287 7364

	Service Description: Student Housing & Residence Life fosters a safe, fun and inclusive community that offers a range of social and extracurricular activities that support academic achievement and personal development. The department supports students' transition to living in residence and off-campus. Off-campus housing services include workshops, advising and resources on housing search and listings, tenant rights and responsibilities, lease agreements, and costs, commutes, and community information.
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4. Mental Health Support

Assaulted Women's Helpline: 416-863-0511, Toll-Free 1-866-863-0511

Crisis line (Victim Services Toronto): 416-808-7066

Domestic Violence Hotline: 1-800-799-7233 and TTY 1-800-787-3224

Suicide Prevention Service: 1-833-456-4566, TXT: 45645

ACSA (Agincourt Community Services Association)	Service Access: In-person (by appointment), by phone	Location: 1911 Kennedy Road Unit 105
	Eligibility: Women and girls experiencing crisis; LGBTQ, all immigration status are accepted	Contact: Anastasia Fedko, Project Lead (Safer and Stronger Women Project) fantasia@agincourtcommunityservices.com 416 292 6912 ext. 333
	Service Description: Crisis intervention for women and girls who are experiencing gender-based violence especially during the pandemic time. Short-term and Drop-in counseling is available onsite and conducted in English, Arabic, Pashto, Dari, Persian and Urdu.	
Catholic Crosscultural Services (CCS)	Service Access: Remote and in-person service WeChat and WhatsApp	Location: 55 Town Centre Court, Suite 401, Scarborough, ON, M1P 4X4 (McCowan Rd & Ellesmere Rd)
	Eligibility: Newcomers	Contact: Gajenthini Selvarajah gselvarajah@ccscan.ca 6472966753
	Service Description: Able to refer students to mental health services	
CICS (Centre for Immigrant and Community Services)	Service Access: Remote services – phone/virtual & Will resume walk-in in person service in the future	Location: 2330 Midland Ave, Toronto, ON, M1S 5G5
	Eligibility: Most programs are for ages 12 and up	Contact: Yao Xiao yao.xiao@cicscanada.com 416-293-4565 Ext. 110

	Violence Against Women (VAW) are for ages 16 and up. Immigration status is not a barrier.	
	Service Description: 1. Short-term Case Management: we work with you to identify your strengths and needs. Together we develop an action plan towards your wellbeing and reach your goals. 2. Wellness Group Activities: Through our support groups and workshops, we create a safe space for you to learn the skills and strategies to stay healthy and positive.	
Scarborough Women's Centre	Service Access: Remote services – phone	Location: 2100 Ellesmere Rd, Suite 245 Toronto, ON, M1H 3B7
	Eligibility: Women 15 years and older, including newcomers and LGBTQ+ women, who are moving away from abuse, poverty and isolation; outreach to women with disabilities and young women; varies by program, see service description	Contact: Lynda Kosowan ed@scarboroughwomenscentre.ca 416 439 7111 ext. 1
	Service Description: Information, referral, and counselling services for women dealing with, leaving or recovering from abuse, includes: educational courses and workshops on topics such as healthy relationships, anger, self-esteem, family law, life skills, leadership development. Resource centre for women marginalized by isolation, abuse and poverty, with focus on developing tools and support for economic and emotional independence and freedom from violence.	

5. Medical Health Services & Support (Example: Community Health Centres, Health Insurance)

UTSC (University of Toronto Scarborough – Health & Wellness Centre)	Service Access: Appointment required	Location: 1265 Military Trail Scarborough, Ontario, M1C 1A4 Student Centre, SL270
	Eligibility: UTSC Students Requires student card (T-card) and health card (OHIP, Provincial Health Card, or UHIP) to book an appointment	Contact: health.utsc@utoronto.ca 416 287 7065
	Service Description: The Health & Wellness Centre is here to support your health and well-being. We have a dedicated team of healthcare professionals who provide confidential medical care, nursing support and counselling. We also provide you with health promotion and health education services. Connected with Athletics & Recreation, we deliver collaborative programming designed to keep you healthy. Doctors and nurses provide assessment, treatment and support for a variety of health concerns and illnesses, in addition to: first aid, immunizations and vaccines, prescriptions, birth control, tobacco intervention support, sexual health, nutrition health and mental health.	

6. Legal services and legal support

ACSA (Agincourt Community Services Association)	Service Access: By appointment (in person service) & Remote services - Phone/virtual	Location: 1911 Kennedy Road, Unit 105 Scarborough, ON, M1P2L9
	Eligibility: Anyone who is experiencing hardships navigating legal resources are welcome to apply	Contact: Shaden Jebahi, Settlement Counselor jshaden@agincourtcommunityservices.com 416 292 6912 ext. 335
	Service Description: Free legal consultation on legal problems related to immigration, housing, youth justice, etc.	
CCSAI (Centennial College Student Association)	Service Access: By appointment	Location: 941 Progress Ave, Scarborough, ON M1G 3T8 Progress Student Centre
	Eligibility: Centennial College students	Contact: admin@p4s.com 1-866 766 0767
	Service Description: Every Tuesday we bring in a lawyer for our students to access. The lawyers are here to help with legal advice on matters like Landlord/Tenant Rights; and they are here to notarize documents and prepare affidavits for our students.	
West Scarborough Community Legal Services	Service Access: Call or visit website for information	Location: 2425 Eglinton Ave E Suite 201 Scarborough Central Toronto, ON, M1K 5G8, Canada
	Eligibility: Area residents who meet financial eligibility guidelines: Residency Requirements: South side of Steeles Ave E (north) to Lake Ontario (south), east side of Victoria Park Ave (west) to west side of Midland Ave (east)	Contact: Affidavits: 416-285-4460 General Info: 416-285-4460 ext 21
	Service Description: Deals primarily with tenant issues, social housing, Employment law, worker's rights, Employment Insurance, family law and immigration issues.	

7. Language Training Program

CICS (Centre for Immigrant and Community Services) – Language training	Service Access: Remote services - Phone/virtual Will resume in person services in the future	Location: 4002 Sheppard Avenue East, Suite 501, Toronto, ON, M1S 4R5
	Eligibility: 1. Permanent Residents /Convention Refugees 2. Must be 18 years of age or over 3. Completed an English language assessment at an approved centre.	Contact: Tayebbeh Shalmani tayebbeh.shalmani@cicscanada.com 416 299 8118 ext. 108
	Service Description: CICS also provides language training services, including full-time and part-time LINC courses.	
Centennial College – Centre for Academic English	Service Access: Virtual and Drop-in	Location: 755 Morningside Ave, Scarborough, ON, M1C 4Z4 Room 306
	Eligibility: Centennial College students	Contact: cae@centennialcollege.ca 416 289 5000 ext. 6150
	Service Description: The goal of the CAE is to help you develop writing, speaking, reading and listening skills. Our tutors are experts who will help you learn how to learn.	

8. Orientation Sessions (Life in Canada, Applying for PR, Getting work permit, Work in Canada, etc.)

ACSA (Agincourt Community Services Association)	Service Access: By appointment and walk-in (in person service) Remote services - Phone/virtual	Location: 1911 Kennedy Road, Scarborough, ON, M1P 2L9
	Eligibility: Any newcomer	Contact: NEDAL ALSHIEKH anedal@agincourtcommunityservices.com 416-292-6912 EXT. 322
	Service Description: Apply for work permit, pr renewal, Canadian citizenship, apply for ODSP, WO, and CPP.	
CCS (Catholic Crosscultural Services)	Service Access: Remote and in-person service	Location: 3227 Eglinton Ave East, Suite 135, Scarborough, ON, M1J 3M5
	Eligibility: Any Status	Contact: Arpita Mehta amehta@ccscan.ca 416 266 7200
	Service Description: We are providing new to Ontario information to newcomers and international students. Online workshop and one on one support.	
CICS (Centre for Immigrant and Community Services)	Service Access: By appointment only (in person service) Remote services - Phone/virtual	Location: 2330 Midland Ave, Toronto, ON, M1S 5G5
	Eligibility: Permanent residents and convention refugees	Contact: Yao Xiao yao.xiao@cicscanada.com 416-293-4565 Ext. 110
	Service Description: CICS provides individual information & orientation sessions to promote newcomers' understanding of life in Canada and provides practical guidance in regards to settlement matters such as housing, transportation, access to social and health services, rights and obligations.	
Polycultural Immigrant and Community Services	Service Access: Remote services through phone, zoom, email - 844-493-5839	Location: 3225 Eglinton Ave E, Unit 101/111 Toronto, ON, M1J 2H7 <i>Intersection: Markham Rd and Eglinton Ave E;</i>
	Eligibility:	Contact: Bassem Haydar Program Manager:

	Permanent residents, refugee claimants, Convention refugees, and first-generation Canadians	bhaydar@polycultural.org 416 261 4901 ext. 3222 Info: info@polycultural.org 416 261 4901
	Service Description: Settlement Services - orientation, information, assessment and referral * case management for high need clients * supportive counselling for youth, families and women * employment and educational counselling * commissioner for taking affidavits * group sessions on housing, education, health care, social assistance, immigration and job search	
The Housing Help Centre	Service Access: Remote services - Phone/virtual	Location: 205-2500 Lawrence Avenue East, Scarborough, ON, M1P 2R7
	Eligibility: Any client has a legal status in Canada	Contact: info@thhc.org 416 285 8070 ext. 300
	Service Description: We provide the orientation sessions in multiple languages.	
UTSC (University of Toronto Scarborough Campus – International Student Centre)	Service Access: Please contact the International Student Centre's front desk at 416-287-7087 for general inquiries or schedule an appointment with one of our team members below.	Location: 1265 Military Trail, Scarborough, ON M1C 1A4 Highland Hall, HL448
	Eligibility: UTSC students	Contact: isc.utsc@utoronto.ca 416 287 7087
	Service Description: The International Student Centre is a hub for all international and domestic students. Working with our partners, Student Life Programs, we provide opportunities to create cross-cultural relationships. Whether you are seeking immigration and transition advising or looking for a global educational experience through studying abroad or intercultural programming, our team will be able to assist you! Advisors support international students with a range of topics including: Temporary Resident Visas, Study Permits, Work Permits, Social Insurance Numbers and Individual Tax Numbers.	
Malvern Family Resource Centre	Service Access: Call, drop in or visit the website www.mfrc.org	Location: 90 Little's Rd, Scarborough North Toronto, ON, M1B 5E2
		1321 Neilson Road, Scarborough, M1B 3C2

	Eligibility: Residents of North East Scarborough, newcomer/refugee/permanent residents/Convention refugees/international students and naturalized Canadian citizens	Contact: Arif Rahman 416-281-1376 ext 25 arahman@mfrfc.org Cathy Mwanza 416-281-1376 ext 24 cmwanza@mfrfc.org
	Service Description: Our Settlement workers provide information and orientation to living in Ontario through group sessions and one-on-one supports. These sessions include living/working in Ontario, accessing government services, registering your child for school, housing, health care, understanding levels of government, personal banking and more!	

9. Access Financial assistance, Free Income tax clinics

ACSA (Agincourt Community Services Association)	Service Access: By appointment Remote services – Phone/Virtual Mela pick up	Location: 4155 Sheppard Ave, Scarborough, ON, M1S 1T4
	Eligibility: depending on the newcomer income	Contact: 416 321 6912 ext. 238
	Service Description: Tax clinic	
CICS (Centre for Immigrant and Community Services)	Service Access: By appointment (in person service)	Location: 2330 Midland Ave, Toronto, ON, M1S 5G5
	Eligibility: Housing-insecure individuals Modest-income individuals Newcomers Persons with disabilities & students Individuals need to be in a simple tax situation with modest income.	Contact: Yao Xiao yao.xiao@cicscanada.com 416-293-4565 Ext. 110
	Service Description: CICS collaborates with CPA to provide free income tax clinics to newcomers every year, helping low-income families and individuals to file their income tax returns.	

Seneca Student Federation	Service Access: Call, email or walk in, confirmation of enrollment and documentation indicating financial need required.	Location: Seneca College of Applied Arts and Technology; 1750 Finch E, Rm S2014 Toronto, ON, M2J 2X5 <i>Intersection: Hwy 404 and Finch Ave E</i>
	Eligibility: Full time and part time Seneca at York students, not open to the general public.	Contact: Roel Isuflari – Manager Member Services Roel.isuflari@senecacollege.ca 416 491 5050 ext. 2265
	Service Description: Student services including food bank with seasonal income tax clinic.	
The Housing Help Centre	Service Access: By appointment (in person service) & Remote services - Phone/ virtual	Location: 205-2500 Lawrence Avenue East, Scarborough, ON, M1P2R7
	Eligibility: income eligibility criteria	Contact: info@thhc.org 416 285 8070 ext. 300
	Service Description: We provide financial information sessions, apply for financial support programs for utilities and rent , free tax clinics.	

10. Food Bank

The Housing Help Centre – Food Bank	Service Access: By appointment (in person service)	Location: 205-2500 Lawrence Avenue East, Scarborough, ON, M1P 2R7
	Eligibility: Clients with legal status in Canada	Contact: info@thhc.org 416 285 8070 ext. 300
	Service Description: Food bank	
Agincourt Community Services Association (ACSA)	Service Access: By appointment (in person service)	Location: 1911 Kennedy Road Unit 109, Scarborough ON
	Eligibility: Everyone in need is eligible to apply	Contact: To book your next appointment, call 647-723-9238 anytime.
	Service Description: Food bank	

11. Youth Connection and Empowerment

Centre for Information and Community Services (CICS)	Service Access: Remote services – Phone/virtual By Appointment (in person Services) Will resume walk-in person service in the future	Location: 5284 Highway 7 East (at McCowan Rd) Unit 2 Markham, Ontario, L3P 1B9
	Eligibility:	Contact: Kayla Chu kayla.chu@cicscanada.com 905-294-8868
	Service Description: CICS provides programs and activities for immigrant children and youth in both Toronto and York Region to support academic development, create social connections, build resilience, improve job readiness, and promote mental and physical health	

Student Life

International Student Center – University of Toronto Scarborough Campus

Contact: Lingyin (Lynn) Shen – International Student Advisor - lingyin.shen@utoronto.ca

Phone: 416-287-7558

Centennial College - International Student Centre

sage@centennialcollege.ca

416 289-5000 ext. 54933

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